**Fact Sheet**

**All-Russian Public Movement of Medical Volunteers**

The history of the movement began in 2013 with the civil project called "Volunteers of the Sklif", which took place at the National Research Institute for Emergency Medicine named after N.V. Sklifosovsky. In 2013, during the annual Presidential Address to the Federal Assembly of the Russian Federation, Vladimir Putin said the following: “We need to revive the traditions of charity. I propose to initiate a broad movement of volunteers, who are ready to work within the healthcare system, providing every possible assistance.” Considering this public encouragement from the President, the "Volunteers of the Sklif" project was financially supported and later was transformed into a public association of medical volunteers.

**Organizers and key partners:**

Ministry of Health of the Russian Federation, Federal Agency for Youth Affairs, Federal Centre for Support of Volunteerism in the field of Health Protection under the Ministry of Health of the Russian Federation, Federal State Budgetary Institution “Russian Patriotic Centre”, "Council of Rectors of the Medical and Pharmaceutical Institutions” Association, Association of Volunteer Centers of Russia.

All-Russian Public Movement of Medical Volunteers is a key public resource centre of medical volunteering. Through their activities, medical volunteers increase the level of medical literacy among general population and contribute to the improvement of the healthcare of the whole nation.

The Ministry of Justice of the Russian Federation included the All-Russian Public Movement of Medical Volunteers (hereinafter also – **“Medical Volunteers”**) in the Federal Register of non-profit organizations as implementers of socially useful services under the patronage of the Ministry of Health and the Ministry of Education and Science of the Russian Federation.

**Today All-Russian public movement of medical volunteers consists of:**

* 85 regional offices
* 185 local offices
* 46 000 volunteers
* 720 medical organizations
* 260 educational organizations of higher and secondary medical vocational education
* 1700 educational organizations
* 2680 partner organizations

**Key Events:**

On August 8, 2016, the Constituent Congress of All-Russian Public Movement of Medical Volunteers was held during All-Russian Educational Youth Forum "Territory of Meanings on Klyazma".The congress was attended by the Minister of Health of the Russian Federation V.I. Skvortsova and the Head of the Federal Agency for Youth S.V. Pospelov.

Between April 14 and 16, 2017, the Second All-Russian Forum of Medical Volunteers was held in Moscow, including the participation of the Minister of Health of the Russian Federation V. I. Skvortsova. 300 medical volunteers from 72 subjects of the Russian Federation took part in the forum. A roadmap for the development of medical volunteering in Russia was created, and later this document served as a basis for writing the work plan of the Federal Centre for Support of Volunteerism in the field of Health Protection under the Russian Ministry of Health.

In September 2017, Pavel Savchuk, the President of All-Russian Public Movement of Medical Volunteers, was appointed the Deputy Director of the Federal Centre for Support of Volunteerism in the field of Health Protection under the Russian Ministry of Health. This Centre was founded to develop common approaches to the formation and work of volunteer movements, methodological support and

promotion of volunteer initiatives. The experience of “Medical Volunteers” laid the basis for the foundation of the Centre.

On December 27, 2018 at the meeting of the State Council chaired by the President of the Russian Federation V.V. Putin the long-term activities of the “Medical Volunteers” Movement were represented and received a positive assessment.

Since 2019, the activities of the “Medical Volunteers” have been carried out as part of the Federal project “Strengthening Public Health”.

**“Medical Volunteers” provide significant support to the healthcare sector in solving socially significant problems in such priority areas as:**

1. Providing volunteer help to medical organizations
2. Sanitary and preventive education of the population
3. First aid training and assistance during large-scale events
4. Career guidance of schoolchildren about medical professions
5. Popularization of personnel blood donation
6. Popularization of healthy lifestyle

+ special projects.

1. **Providing volunteer help to medical organizations**

Volunteers of All-Russian Public Movement of Medical Volunteers have been providing support to medical personnel in hospitals and clinics for five years. Our volunteers carry out their activities according to the agreement signed with every medical organization, and their scope of tasks is defined by clear regulations. As of today, the doors of the departments in 560 hospitals are opened for 7400 medical volunteers.

Between 2013 and 2019, our volunteers helped in different hospitals for more than 2,5 million hours.

1. **Sanitary and preventive education of the population**

“Medical volunteers” carry out systematic work on the prevention of socially significant diseases and various forms of dependence in educational institutions of secondary and higher education, as well as in other workplaces.

6 Federal programs are being implemented, within the framework of the activity:

- on the prevention of oncological diseases and on-alertness “OncoPatrul”;

- on the prevention of cardiovascular diseases and their complications, “Heart Protection” (including the project “Children on Adults' Protection”);

- HIV / AIDS Prevention “Together Against HIV”;

- on the prevention of early development of degenerative joint diseases " Health of joints in safe hands ";

- on the prevention of iodine deficiency diseases “Salt + iodine: will preserve your IQ”;

- on monitoring and prevention of visual impairment among schoolchildren “#AboutVision”.

In 2019, medical volunteers conducted over 4,500 preventive and educational events with the population.

The annual All-Russian campaign “Be Healthy!” in April 2019 brought together about a million people with the idea of ​​proper nutrition. Volunteers held 2750 events of various formats, broadcasting basic knowledge about a healthy lifestyle and proper nutrition.

In April 2019, Medical Volunteers with the Russian Cancer Research Center named after N.N. Blokhin launched the OncoPatrul federal program for the prevention of cancer and on-alertness. At the same time, distance training of volunteers from leading specialists of the center was organized.

In September 2019, Medical Volunteers with the Federal State Budgetary Institution Scientific Research Center for Cardiology of the Ministry of Health of Russia launched the Federal Program for the prevention of cardiovascular diseases and their complications “Heart Protection”. 840 events were held in which about 1,000,000 people from 85 regions of the Russian Federation took part.

During the period of two All-Russian actions “STOP HIV /AIDS ” in 2019, volunteers assisted regional AIDS prevention and control centers in testing the population for HIV infection, went to work teams, and conducted interactive events with young people in the form of university students and colleges. In addition, the main thing was the holding of more than 30 open student forums “Stop AIDS Together!”, Which were held according to the similar scenario of the central forum in Moscow.

As part of a program to monitor and prevent visual impairment among schoolchildren with the N.I. Pirogov Russian National Research Medical University, volunteers tested their eyesight among 5000 schoolchildren from 15 regions of the Russian Federation.

From November 25 to November 28, 2019, Rosmolodezh, together with the Medical Volunteers, held a seminar-forum on HIV prevention among young people. The participants were representatives of the executive authorities implementing state youth policy, coordinators of the Medical Volunteers, representatives of specialized NGOs and regional centers for the prevention and control of AIDS. In total, 100 people from 64 subjects of the Russian Federation became participants. As a result of the seminar-forum, it was decided to create a unified information and expert community on HIV prevention, where its participants will be able to exchange personal practices, improve them and share their experiences.

**Special Projects:**

- The All-Russian project to improve the conditions for the functioning of feldsher-midwife stations "#Kindness to the village"

In 2019, medical volunteers from 82 regions of Russia made 1,457 visits to feldsher-midwife stations. Volunteer assistance was provided in 1307 feldsher-midwife stations. From April to November, more than two thousand medical specialists and more than five thousand volunteers visited the feldsher-midwife stations.

- Project on involving older people in medical volunteering “Health through generations”. In 2019, Medical Volunteers launched the Health through Generations project.

 “Silver” volunteers take part in the activities of the Medical Volunteers in the following areas:

- carrying out exercises

- Creation and presentation of stands for the promotion of healthy lifestyle in social service centers,

- assisting in the care of patients in medical institutions,

- participation in promotions and events of the Medical Volunteers,

- conducting workshops on the types of physical activity.

At the moment, a series of webinars is being held to involve silver volunteers in the promotion of healthy lifestyle. In addition, “silver” volunteers often become participants in the activities of medical volunteers. Similar activities are conducted in 20 regions of the Russian Federation.

- The international cooperation. 5 country centers for medical volunteering have been opened: in the Republic of Kazakhstan, the Republic of Armenia, the Kyrgyz Republic, the Republic of Tajikistan, the Republic of Chad. Methodological recommendations on the development of country centers have been created.

The country center for medical volunteering is a structure uniting the efforts of volunteers in the field of healthcare in the country, organizations, and volunteer teams that help in the field of healthcare.

For the first time, the All-Russian action “Be Healthy!” and "STOP HIV/AIDS «were held in an international format; the Republic of Kazakhstan, the Republic of Tajikistan, and the Kyrgyz Republic joined in its implementation.

An educational course has been developed to integrate foreign students studying in Russia into medical volunteering. The course will be launched in January 2020.

1. **First aid training and assistance during large-scale events**

The goal of the activity is to popularize first aid issues among the Russian population, to develop high-quality first-aid skills at the scene of the accident, and to help medical personnel accompanying mass and sports events.

In 2019, a license was obtained for educational activities under the programs of further education in the provision and training of first aid and the standard of the educational program for medical volunteers in providing first aid to victims of sports and public events and training of the population was also developed and approved by the main non-staff specialist of the Ministry of Health of Russia for first aid L.I. Dejurny. In 2019, 30,000 people were trained in first aid skills.

 In 2019, from September 13 to September 16, the All-Russian campaign “Help First!” Was held, aimed at educating the population in first aid, in which 64 regions took part, more than 350 events were held.

In 2019, 3000 events were held to accompany sports and public events.

1. **Career guidance of schoolchildren about medical professions**

1320 school teams of medical volunteers were created in 80 regions of the Russian Federation. The growth for the year amounted to 1131 teams. The activists of the teams are about 15,000 schoolchildren.

In 2019, the concepts of 13 days of unified actions for school teams of medical volunteers were developed and implemented. Among them are actions aimed at promoting a healthy lifestyle and the prevention of socially significant diseases. In total, more than 1800 events were carried out by the school teams for the year, the total coverage of which was about 25,000 schoolchildren. On the platforms volunteers.trainingofrussia.ru and Corporate University RDSH launched a distance course to prepare students for volunteering in a medical organization. 4550 students are currently volunteering in 213 clinics and hospitals as part of a career guidance program.

As part of the “Healthy Shift” program, in the summer of 2019, the regional departments of the Movement conducted 175 events in 84 summer camps with a coverage of more than 11,000 participants.

1. **Popularization of personnel blood donation**

The activity involves more than 4.3 thousand volunteers from 81 regions of the Russian Federation, from which 1850 volunteers were trained. In 2019, more than 2700 events were held with a population of more than 295 thousand people, more than 6.7 tons of donated blood were collected.

In July 2019 Medical Volunteers, with the support of the Federal Biomedical Agency and the Presidential Grants Fund, launched the project named “Follow Me! # I’m Responsible Donor. "

In 2019, medical volunteers began active work on the development of bone marrow donation and hematopoietic cells. The joint efforts of the Ministry of Health and the volunteer community, with the support of charitable foundations, began the development of a unified concept for the development of bone marrow and hematopoietic stem cell donation in Russia and the participation of volunteer organizations in it.

In September 2019, Medical Volunteers for the first time joined the campaign in support of bone marrow and hematopoietic stem cells donation, dedicated to the World Day of Bone Marrow Donors, which this year was celebrated on September 21. Within 3 days, activists from 25 constituent entities of the Russian Federation conducted more than 40 events to clarify the basics of bone marrow donation and attract potential donors to the registry.

In December 2019, medical volunteers launch a new project in support of bone marrow and hematopoietic stem cell donation. The “Live!” interregional action is aimed at increasing the coverage with the help of patients requiring allogeneic bone marrow transplantation and is carried out jointly with the Federal State Budget Scientific Research Center for Hematology and the National Hematology Society from December 2019 to May 2020. Volunteers from 38 region of the Russian Federation will take part in it, which are actively operating state centers HLA typing. During the action, meetings with hematologists in an open dialogue format are planned, as well as interactive educational meetings on the main issues of donation of bone marrow and hematopoietic stem cells.

1. **Popularization of healthy lifestyle**

As part of the implementation of the activity, Health Headquarters (HLS efficiency) are being opened based on educational institutions and organizations. Today, in 53 regions of the Russian Federation, 107 Health Headquarters (HLS efficiency) have been opened, which carry out activities to build a commitment to a healthy lifestyle among the population.

In 2019, over 1,500 events were held, over 120 thousand people became participants. Scenarios and concepts of events are provided to the health staff by the Directorate of Medical Volunteers.

The work is carried out in the following areas:

- Working with the student community. In 2019, the “Energize yourself” healthy lifestyle values ​​marathon was launched, in which over 1,800 participating teams took part.

- Working with labor collectives. The Fundamentals of a corporate employee health promotion program were developed, including 3 levels of implementation. As part of the information campaign for organizations, the information stand “Health Corner” was created, which includes brief information on the norms of a healthy lifestyle.

- Working with municipalities. In September 2019, yard festivals were held in 6 pilot municipalities. The aim of the project is to improve social well-being by involving the population of municipalities in socially active activities that contribute to improving people's health. 150 municipal divisions of the Medical Volunteer department carry out systematic work on disease prevention and the promotion of healthy lifestyle.

From November 22 to November 25, 2019 In Bryansk, the first All-Russian Forum “Generation Zoz” took place, which brought together supporters of a healthy lifestyle from all over the country. Its participants were 150 leaders of volunteer centers and youth associations, representatives of educational organizations, NGOs and labor collectives from 60 regions. Within the framework of the forum, projects and events were developed that will form the basis of an action plan for the participation of volunteers in promoting a healthy lifestyle in the regions of the Russian Federation.

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