



MEDICAL VOLUNTEERS

Public Movement of Medical Volunteers

**Anyone can become
a medical volunteer!**



2013



100
volunteers

Project “Volunteers of the Sklif” under the patronage of the National Research Institute for Emergency Medicine named after N.V. Sklifosovsky

2014



700
volunteers

Public Movement of Medical Volunteers is established in Moscow

2015



1,600
volunteers

First regional branch is inaugurated in Republic of Komi

2016



5,500
volunteers

Constituent Congress of the Public Movement of Medical Volunteers

2018



>20,000
volunteers

81 regional branches all over Russia



“**Medical Volunteers**” was the main partner in organizing the educational program for Health section.

OUR EXPERTS:

Veronika I. Skvortsova - Minister of Health of the Russian Federation;

Dr. Joao Breda - Head of the WHO European Office for the Prevention and Control of Noncommunicable Diseases;

Ms. Alanna Armitage - Regional Director for Eastern Europe and Central Asia, UNFPA;

Mr. Vinay P. Saldana - Director, Regional Support Team for Eastern Europe and Central Asia, UNAIDS;

Mr. Mohamed Fadel - Head of AIESEC International.

WORKING ON PROJECTS IN THE FOLLOWING AREAS:

- Use of Big Data;
- Conceptualization of the new system of medical insurance;
- Russian-speaking base of genetic polymorphisms;
- Future professions in medicine;
- Future non-communicable diseases which appear due to a change of lifestyle;
- Establishing a platform for uniting patients, medical specialists and state employees



NGO “MEDICAL VOLUNTEERS” IMPLEMENTS ITS INTERNATIONAL AGENDA IN THREE MAIN DIRECTIONS:

- 1** Establishing a “country office” for medical volunteerism which will serve as a methodological centre for best practices of volunteering in healthcare sector
- 2** Joint projects with the following international organizations which deal with improving the quality of medical services: UN, WHO, UNAIDS and others
- 3** Active participation in implementation of the program of the CIS partnership for developing cooperation in the field of youth volunteerism

! Foundation of the first International Centre for Medical Volunteerism

! Realization of 15 events in framework of the program of the CIS partnership for developing cooperation in the field of youth volunteerism





800

**participants from all
over Russia**

The aim is to create a Federal system on developing of international medical volunteerism for preparing Russian medical volunteers for their participation in international volunteer programs and humanitarian missions abroad.



150

**delegates to
the Forum**

This educational program will be implemented in 3 stages:



50

**volunteers to be
engaged in
the program**

- 1.** Online English course designed specifically for medical volunteers to improve their linguistic capabilities and expand their intercultural communication skills.
- 2.** One-day International Educational Forum “From Local to Global: Being a Medical Volunteer in the 21st Century” to be held at Peoples’ Friendship University in Moscow in December 2018.
- 3.** Establishing the first International Centre for Medical Volunteerism in Russia for sharing best practices and preparing volunteers for international activities.



Providing assistance
to the medical personnel



Providing medical assistance during
large-scale sport and public events



Sanitary and preventive education
of the population



Popularization of personnel
blood donation



Popularization of healthy lifestyle



Career guidance of schoolchildren
about medical professions

MISSION – revival of traditions of charity and providing assistance in the field of practical healthcare

MAIN TASKS:

- Development of medical volunteerism
- Building human capacity for healthcare sector
- Broad health education among the population
- Developing patriotic feelings and active civil position among Russian citizens
- Raising the public prestige of medical specialties

PARTNERS:

- Ministry of Health of Russian Federation
- Russian Patriot Centre
- Federal Centre for Support of Volunteerism in the field of Health Protection under the Russian Ministry of Health
- Federal Agency for Youth Affairs
- Association of Volunteer Centers



> 3,000
volunteers

The aim is to provide all possible assistance to junior and secondary medical personnel in overloaded hospitals and municipal clinics.

Our organization cooperates with **419** medical institutions.

Among the largest partners are the National Research Institute for Emergency Medicine named after N.V. Sklifosovsky, the Municipal Clinical Hospital no. 1 named after N. I. Pirogov, the Municipal Clinical Hospital named after S.P. Botkin, the Russian Children's Clinical Hospital.



1,500,000
work hours
in hospitals

! Special rules were formulated to regulate the work of volunteers in hospitals, as well as draft agreements with medical institutions and volunteers



> 700,000
people are involved
in the activities*



*annually



**> 5,000
volunteers**

The aim is to increase medical literacy and medical culture of the population through the prevention of socially significant diseases and different forms of addictions.



**4,500
preventive
trainings**

DEVELOPED METHODOLOGICAL BASE

- Educational courses on prevention of socially significant diseases and educational work with population
- Materials for different preventive trainings, health lessons and educational quests
- Conceptualized campaigns



**5,500,000
people are involved
in the activities***



*annually



2,500
volunteers

The aim is to help ambulance teams on spot during large-scale sport and public events, as well as to provide basic training on first aid skills to general population.



1,300
large-scale
events



Medical volunteers provide support during such massive events as the annual march “Immortal regiment”, the Moscow International Marathon, International forum “Russia – a Land of Opportunities”, annual Victory Day Parade, FIFA World Cup 2018 and others.



Medical volunteers pass special certificated educational courses. Volunteers are taught to provide first aid, to transport patients correctly and to work in medical teams, using the methods of our Movement.



15,000,000
people are involved
in the activities*



*annually



1,700
volunteers

The aim is to take care of development and popularization of personnel blood donation, work on creating a community of active donors-volunteers who will not only donate blood on a regular basis, but also draw public attention to the problem of small distribution of donations and lack of regularity.



6,5
tons of blood

Thanks to the efforts of medical volunteers, the Russian Blood Bank raises its capacity by **6,6 tons** of blood every year. **More than 50%** of the first-time donors continue to donate on a regular basis.

In 2018, “Medical volunteers” began to develop a new relevant direction - popularization of bone marrow donor program.

! The project “School of Responsible Donors” was developed together with exclusive methodology on popularization of donor programs.



> 190,000
people are involved
in the activities*



*annually



3,500
volunteers



160
school teams



> 450,000
people are involved
in the activities*

*annually

The aim is to introduce medical professions to schoolchildren on earlier stages in order to encourage their conscious choice of this career path and to attract their attention to volunteerism in healthcare sector.

School teams of medical volunteers are created to promote healthy lifestyle, explain to their peers about the dangers of bad habits and provide assistance in hospitals and municipality clinics.

From 2018 medical volunteers began systematic work in children recreation camps.

1,300 teenagers from **14** Russian regions, after successfully passing the career guidance program, take volunteer shifts in **137** hospitals and municipality clinics.

Our Movement has developed a special methodology for working with schoolchildren.

Three-stage program of vocational guidance of schoolchildren in medicine:

1

Identifying interest
for medical profes-
sions among school-
children

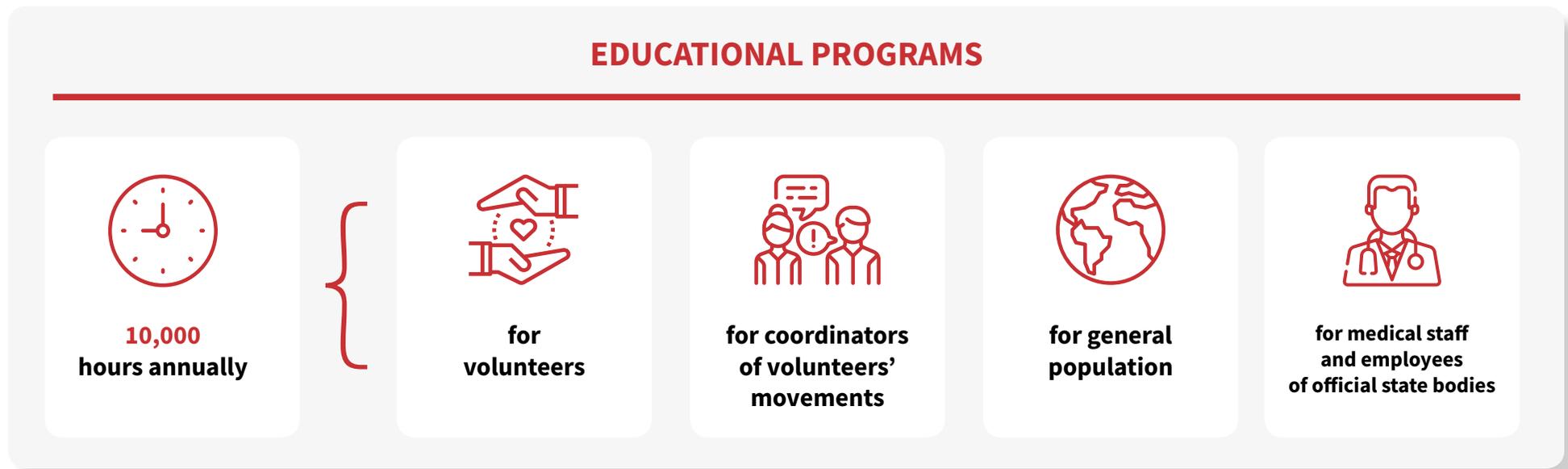
2

Interactive
learning
(8 lessons)

3

Working as
volunteers in
medical
institutions

Over the years “Medical volunteers” developed more than **100** educational programs for various participants in medical volunteerism. The purpose of these projects is to optimize volunteer activities and develop personal traits.



In 2018, a special project, designed for new participants in the “**School of medical volunteers**”, was launched in Russia. It consists of an intensive course on psychological preparation of the volunteers, teaching skills for providing first medical aid and promoting healthy lifestyle.



Suggestions regarding health issues proposed by our activists are taken into consideration by the Russian Ministry of Health while working on developing target programs and legal normative acts.

SPECIAL FEDERAL PROGRAMS OF THE MOVEMENT



“Children for Adults’ Protection”



Program for prevention of HIV-infections and AIDS



“Be Healthy”



#“STOPHIV/AIDS” campaign



“Salt + Iodine will preserve your IQ!”



“Your Voice Matters!”



The Federal program for monitoring and prevention of visual impairment among schoolchildren



“Dental health in Russia”



“Medical-volunteers against influenza”



Interregional campaigns dedicated to “World No Tobacco Day” and “International Day Against Drug Abuse”

In cooperation with “Medical Volunteers”, the Federal Centre for Support of Volunteerism in the field of Health Protection under the Russian Ministry of Health was established.

Together with the activists of the Federal Centre, our volunteers developed “Particular Guidelines for the Organization of Work of Volunteers in the field of Health Protection”

**Mr. Pavel Savchuk**

President of All-Russian Public Movement of Medical Volunteers; Deputy Director of the Federal Centre for Support of Volunteerism in the field of Health Protection under the Russian Ministry of Health

CONTACTS:**Ms. Maria Yakunchikova**

Federal Coordinator of Special Projects of All-Russian Public Movement of Medical Volunteers

+7 903 708 94 33**yakunchikova@volmedic.com****Mr. Nikita Paderin**

International Projects Coordinator of All-Russian Public Movement of Medical Volunteers

+7 965 345 19 74**paderin@volmedic.com**

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**www.volmedic.com**

101000, Russian Federation,
Moscow, Myasnitskaya st. 17, bld. 1 

+7 495 796 03 06 

info@volmedic.com 

volmedic   