Public Movement of Medical Volunteers

 Anyone can become a medical volunteer!
Project “Volunteers of the Sklif” under the patronage of the National Research Institute for Emergency Medicine named after N.V. Sklifosovsky

Public Movement of Medical Volunteers is established in Moscow

First regional branch is inaugurated in Republic of Komi

Constituent Congress of the Public Movement of Medical Volunteers

83 regional branches all over Russia
“Medical Volunteers” is the main partner in organizing the educational program for Health section

OUR EXPERTS:

Veronika I. Skvortsova - Minister of Health of the Russian Federation;

Dr. Joao Breda - Head of the WHO European Office for the Prevention and Control of Noncommunicable Diseases;

Ms. Alanna Armitage - Regional Director for Eastern Europe and Central Asia, UNFPA;

Mr. Vinay P. Saldana - Director, Regional Support Team for Eastern Europe and Central Asia, UNAIDS;

Mr. Mohamed Fadel - Head of AIESEC International.

WORKING ON PROJECTS IN THE FOLLOWING AREAS:

- Use of Big Data;
- Conceptualization of the new system of medical insurance;
- Russian-speaking base of genetic polymorphisms;
- Future professions in medicine;
- Future non-communicable diseases which appear due to a change of lifestyle;
- Establishing a platform for uniting patients, medical specialists and state employees
**INTERNATIONAL COOPERATION**

**NGO “MEDICAL VOLUNTEERS” IMPLEMENTS ITS INTERNATIONAL AGENDA IN FIVE MAIN DIRECTIONS**

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<td>1</td>
<td>Creation of country centers on medical volunteering, which will become methodical centers of healthcare volunteering practices</td>
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<td>2</td>
<td>Integration of foreign students studying in Russia into medical volunteerism</td>
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<td>Holding international events and campaigns in the form of the days of unified actions</td>
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<td>4</td>
<td>Participation in the implementation of the development program of cooperation of the CIS states in support of youth volunteering</td>
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<td>Joint projects with international organizations that are engaged in improving the quality of medical care: the UN, WHO, UNAIDS and others.</td>
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*Foundation of the first International Centre for Medical Volunteerism*

*Realization of 15 events in framework of the program of the CIS partnership for developing cooperation in the field of youth volunteerism*
Creation of an international base of medical volunteers ready to take active part in international volunteer programs and humanitarian missions abroad.

This educational program was implemented in 2 stages:

1. Online English course designed specifically for medical volunteers to improve their linguistic capabilities and expand their intercultural communication skills.

2. One-day International Educational Forum “From Local to Global: Being a Medical Volunteer in the 21st Century” was held at Peoples’ Friendship University in Moscow in December 2018.
AREAS OF ACTIVITY

Providing volunteer help to medical organizations

First aid training and assistance during large-scale events

Sanitary and preventive education of the population

Popularization of personnel blood donation

Popularization of healthy lifestyle

Career guidance of schoolchildren about medical professions

MISSION – revival of traditions of charity and providing assistance in the field of practical healthcare

MAIN TASKS:

- Development of medical volunteerism
- Broad health education among the population
- Raising the public prestige of medical specialties
- Building human capacity for healthcare sector
- Developing patriotic feelings and active civil position among Russian citizens

PARTNERS:

- Ministry of Health of Russian Federation
- Russian Patriot Centre
- Federal Agency for Youth Affairs
- Association of Volunteer Centers
- Federal Centre for Support of Volunteerism in the field of Health Protection under the Russian Ministry of Health
Providing additional care and assistance to patients, relatives and medical personnel in medical institutions.

Our movement cooperates with 420 medical institutions.

Among the largest partners are the National Research Institute for Emergency Medicine named after N.V. Sklifosovsky, the Municipal Clinical Hospital no. 1 named after N. I. Pirogov, the Municipal Clinical Hospital named after S.P. Botkin, the Russian Children’s Clinical Hospital.

Special rules were formulated to regulate the work of volunteers in hospitals, as well as draft agreements with medical institutions and volunteers.
SANITARY AND PREVENTIVE EDUCATION OF THE POPULATION

THE AIM is to increase medical literacy and medical culture of the population through the prevention of socially significant diseases and different forms of addictions.

The most large-scale campaigns of the Movement are “Be healthy!”, “STOPHIV / AIDS”, “Salt + Iodine will save IQ”, “Your voice matters”, “Medical volunteers against the flu”, interregional projects dedicated to World No Tobacco Day and International Day against Drug Abuse.

*annually
PURPOSE:

preservation and strengthening of physical and mental health of the population, as well as the formation and promotion of healthy lifestyle based on the interaction of the population and healthcare volunteers regardless of social status, age, gender and education.

The Committee for the Beneficial Effects of Healthy Lifestyle is an informal structural unit of the area in the constituent entities of the Russian Federation.
The aim is to help ambulance teams on spot during large-scale sport and public events, as well as to provide basic training on first aid skills to general population.

Medical volunteers provide support during such massive events as the annual march “Immortal regiment”, the Moscow International Marathon, International forum ”Russia – a Land of Opportunities”, annual Victory Day Parade, FIFA World Cup 2018 and others.
The aim is to take care of development and popularization of personnel blood donation, work on creating a community of active donors-volunteers who will not only donate blood on a regular basis, but also draw public attention to the problem of small distribution of donations and lack of regularity.

Thanks to the efforts of medical volunteers, the Russian Blood Bank raises its capacity by 6,7 tons of blood every year. More than 50% of the first-time donors continue to donate on a regular basis.

In 2018, “Medical volunteers” began to develop a new relevant direction - popularization of bone marrow donor program.

THERE HAVE BEEN 2 PROGRAMS DEVELOPED WITHIN THE FRAMEWORK OF THE AREA:

- Educational program of the project «School of Responsible Donors»
- Federal program «Follow me! #And Responsible Donor»:
- All-Russian donor campaign
- Marathon (a unique system of mass preparation of donors for donation and increasing donor commitment to regular blood donation)
The aim is to introduce medical professions to schoolchildren on earlier stages in order to encourage their conscious choice of this career path and to attract their attention to volunteerism in healthcare sector.

School teams of medical volunteers are created to promote healthy lifestyle, explain to their peers about the dangers of bad habits and provide assistance in hospitals and municipality clinics.

From 2018 medical volunteers began systematic work in children recreation camps.

2289 teenagers from 63 regions of Russia completed the career guidance program in 170 hospitals.

Three-stage program of vocational guidance on medicine among schoolchildren

1. Identifying interest for medical professions among schoolchildren
2. Interactive learning (8 lessons)
3. Working as volunteers in medical institutions

> 450,000 people are involved in the activities*
Over the years “Medical volunteers” developed more than 100 educational programs for various participants in medical volunteerism. The purpose of these projects is to optimize volunteer activities and develop personal traits.

In 2018, a special project, designed for new participants in the “School of medical volunteers”, was launched in Russia. It consists of an intensive course on psychological preparation of the volunteers, teaching skills for providing first medical aid and promoting healthy lifestyle.
Suggestions regarding health issues proposed by our activists are taken into consideration by the Russian Ministry of Health while working on developing target programs and legal normative acts.

SPECIAL FEDERAL PROGRAMS OF THE MOVEMENT

- “Children for Adults’ Protection”
- “Be Healthy”
- #“STOPHIV/AIDS” campaign
- “Salt + Iodine will preserve your IQ!”
- The Federal program for monitoring and prevention of visual impairment among schoolchildren
- “Dental health in Russia”
- “Medical-volunteers against influenza”

In cooperation with “Medical Volunteers”, the Federal Centre for Support of Volunteerism in the field of Health Protection was established.
Mr. Pavel Savchuk
President of Public Movement of Medical Volunteers; Deputy Director of the Federal Centre for Support of Volunteerism in the field of Health Protection under the Russian Ministry of Health

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